

Lumecca IPL & RF — Contraindications & Precautions

Please review carefully and tell your doctor if any of these apply to you — this helps us confirm the treatment is safe and appropriate for you.

Do Not Proceed If:

- Eye/eyelid surgery within 6 months, or eyelid neuromyectomy
- Uncontrolled ocular surface disease or active eye infection
- Skin cancer or suspicious/pigmented lesions in the treatment area
- Active uncontrolled infection in or near the treatment area
- Uncontrolled immunosuppressive disease, Lupus, or Porphyria
- History of cold sores or facial rash (HSV 1 or 2) in the area
- Seizures, epilepsy, or light-triggered migraines
- Photosensitizing medication/supplement use in the past 3 months
- Recent or planned radiation or chemotherapy to the head/neck
- Pregnancy (precautionary)
- Active or recent (4–6 wk) sunburn in the treatment area

Use Caution — Discuss With Us:

- Darker skin (Fitzpatrick V–VI) — settings may need adjusting
- Keloid scarring, diabetes, or other wound-healing conditions
- Bleeding disorders or blood-thinning medication
- Autoimmune conditions affecting skin or eyes
- Recent Botox, filler, or other cosmetic procedure in the area
- Metal implants/pacemaker nearby (RF), or active acne/eczema/open wounds in the area

Please Disclose:

Tell us if you're taking any of these — they increase light/heat sensitivity:

- Isotretinoin (Accutane) — wait 6 months after stopping
- Tetracycline/fluoroquinolone antibiotics, diuretics, NSAIDs, or antipsychotics
- St. John's Wort or other photosensitizing supplements

Before Your Visit:

Avoid tanning/excessive sun for 2–4 weeks prior (no self-tanner); arrive with clean skin, no makeup/lotion/sunscreen on the area; remove contacts if applicable; tell us about any new medications or health changes.

After Treatment:

Mild redness/warmth is normal and usually resolves within an hour. Avoid prolonged sun exposure and use SPF 30+ on treated skin for 1 week. Avoid hot showers, saunas, or strenuous exercise for 24 hours if advised. Contact us for blistering, unusual pain, or symptoms beyond mild redness.